

# Creating a Ballet

**The Choreographer:** The choreographer makes up the movements that form the ballet. The name "Choreographer" comes from the ancient Greek words for dance (choreo) and record (grapho). The Choreographer arranges the dance steps to tell a story, illustrate a feeling or convey an idea.

**The Composer:** A composer is a person who writes music. The music that they write is compiled to form a *score*. A choreographer uses the music to reflect the action of a story and/ or to reflect a changing mood, feeling or idea in a ballet.

**The Musicians:** Musicians bring the Composer's music to life by playing various instruments. Sometimes, musicians perform the music for the ballet live. The number of musicians varies depending on the kind of music being performed.

**The Dancers:** Once the choreographer has planned out their new ballet and chosen a composer, or piece of music, the choreographer starts to work with the dancers. It is the dancers who will bring the ballet to life. The dancers must be able to learn quickly and memorize the complicated ideas and steps of the choreographer. Many times dancers must remember the steps to many different ballets at once. To become a professional ballet dancer takes years of practice, dedication and hard work. Dancers train daily to keep up their strength and flexibility.

**The Scenic Designer:** In designing a ballet the choreographer works with a visual artist to create sets and scenery to set the mood of the piece. The scenic designer must make sure to provide entrances and exits for dancers as well as space on the stage for the dancers to perform the choreography.

**The Lighting Designer:** Effective lighting is needed to convey different moods and feelings in the ballet. It is the job of the lighting designer to create effects with light that help set the scene. Using special theatrical lights, electricians make the lighting design come to life.

**The Costume Designer:** Since no words are used in a ballet to tell a story, idea or feeling: costumes help to convey the choreographer's message. A choreographer works closely with the costume designer to bring the feeling of the ballet to life. In designing ballet costumes, special care must be taken to allow the dancers the ability to move freely.

**The Theater and Administrative Staff:** Many people are needed to bring the ballet to the stage. Administrators work hard to make sure things run smoothly for both the performers and the audience. They are responsible for coordinating the performance dates, advertising the ballet, fundraising, writing and printing programs, and arranging ticket sales. During the performance, the **Stage Manager** works backstage to make sure the light and sound cues are set and executed at the correct time.



SACRAMENTO  
BALLET



CAPITAL GRAPHICS INC.



HOME OF B



RON CUNNINGHAM'S

Peter and  
the Wolf

AT THE SOFIA, HOME OF B  
STREET THEATRE

AUGUST 21, 2021

2-3PM



## Dear Audience,

Sensory Friendly Dance welcomes you and your family to Ron Cunningham's *Peter & The Wolf*. We have created today's show to be inclusive for all individuals. All traditional theater rules are relaxed today! You are welcome to talk, sing, dance or play during today's performance.

In today's show the lights will stay on & we will lower the sound levels for your comfort. If at any point you would like to exit the theater during the performance, you can visit our safe space just outside the auditorium, where you can play with toys, color or just sit & relax. After the show, the dancers will be available to answer question and interact with audience members.

Thank you for joining us today!

## Support

This performance is made possible by a California Arts Council local impact matching grant. Help us match this grant award, so we can continue this vital community program.

**Donations can be made at [csensoryfriendlydance.org/donate](http://csensoryfriendlydance.org/donate)** or by check. Checks must be made out *Blue Line Arts with Sensory Friendly Dance* in the "memo line".

Donations may be mailed to:  
2111 24th St, Sacramento, CA 95818.

*All donations are tax deductible.*



## Peter & The Wolf

Choreography: Ron Cunningham  
Music: Sergei Prokofiev  
Costume Design: Theresa Kimbrough  
Set Design: Kerri Warner

Sensory Friendly Dance Founder &  
Director: Alexandra Cunningham

Costumes, Properties & Scenery  
courtesy of  
The Sacramento Ballet

## Cast

(in order of appearance)

Peter - Christopher B. Nachtrab  
Bird - Lauryn Winterhalder Groh  
Duck - Ana Schloemann  
Cat - Katya Schloemann  
Grandfather - Ron Cunningham  
Wolf - Jaime Orrego  
Hunters - Alexander Biber, Richard  
Smith, Dominique Wendt

## Synopsis

Peter and his outdoor friends, the Bird, Cat, and Duck frolic in the meadow while his wise Grandfather warns them to be careful of the Wolf. When the Wolf appears, Peter and his friends must work together to save the day and help take the Wolf to the Zoo.

## Special Thanks

We would like to specially thank the The Sofia & the entire Sacramento community for believing in Sensory Friendly Dance and providing us with resources to present accessible & inclusive dance experiences.

Sensory Friendly Dance would like to thank everyone who donated to our fundraiser. Through the generosity of these donors we were able to distribute free tickets to our performance, helping us to fulfill our mission to make dance accessible for everyone.

**We would like to recognize our sponsors & supporters who made today's event possible.**

Blue Line Arts, *fiscal sponsor*

The Sofia, *performance venue*

Ron Cunningham, *choreography*

Donna Apidone, *narration*

Step One Dance & Fitness, *class studio space*

Stuart Eldridge & Capital Graphics Inc,  
*printing*

Styrsky Insurance Agency,  
*insurance sponsor*

Carinne Binda Cunningham,  
*performance marley floor*

Jaime Orrego, *first hand wardrobe*

Sacramento365, *media sponsorship*

Maya Evans, *behavioral therapist consultant*

...And a special thank you to all our friends & volunteers who help further our mission to present arts to all.